



ADAMS COUNTY HEALTH DEPARTMENT

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Speech and Language Milestone Chart:

(Adapted from Learning Disabilities Association of America 1999)

*To encourage thinking, playing, exploring and learning your child should have **NO TV** at this age.*

Between One and Two:

- Understands "no"
- Uses 10-20 words, including names
- Combines two words such as "daddy bye-bye"
- Waves good-bye and plays pat-a-cake
- Makes some animal sounds
- Shares toy when asked
- Uses words to tell you what they want
- Points to his or her toes, eyes and nose
- Brings object from another room when asked

Activities to encourage your child's language:

- *Praise efforts to say new words*
- *Talk to your baby about everything you're doing while you're with him/her*
- *Talk simply, clearly and slowly*
- *Talk about new situations before you go, while you're there, and again when you are home*
- *Look at your child when he or she talks to you*
- *Talk to your child about what they are doing*
- *Let your child listen to children's music*