

FEBRUARY 2001

## ADAMS COUNTY CHILD HEALTH NOTES:

Adams County Child Health Notes is distributed by Adams County Interagency Coordinating Council and Adams County Health District. This newsletter provides primary health care providers with current information regarding identification and management of special health issues for children. Contributing agencies and programs include: Adams County Health District – Adams County ICC - State of Washington Department of Health and University of Washington - Center on Human Development and Disability. More information is available at [http://depts.washington.edu/medhome/CHN/CHN\\_home.htm](http://depts.washington.edu/medhome/CHN/CHN_home.htm)

"I would like to compliment the colorful format in which you display childhood development. I am using it all to decorate and express the precious years my child will grow from babyhood to adolescence. I believe that any mother young or older could benefit from the letters you send. I always open mine as soon as they come. Thanks for showing an interest in my child's growth."

Parent receiving CHILD Profile materials.



### DID YOU KNOW?

As health care providers in Washington State you have two remarkable partners in the care of children from birth through age six – Healthy Mothers, Healthy Babies (HMHB) Hotline and CHILD Profile Health Promotion Materials.



#### **Healthy Mothers, Healthy Babies**

**1-800-322-2588, 1-800-833-6388 TTD**

**[www.hmhbwa](http://www.hmhbwa)**

This is a free information and referral line. Staff is bilingual (English and Spanish) and can access interpretive services for 50 additional languages. When developmental concerns are present, HMHB can connect physicians and families with a **local family resources coordinator** (FRC) to arrange further assessment. In addition, HMHB can refer families to:

- Pregnancy testing and prenatal care
- WIC programs
- Breastfeeding help and education
- Child care
- Services for families with children with special health care needs
- Medical services; assistance in applying for Basic Health Plan/Medicaid/SCHIP insurance
- Transportation assistance
- Smoking, drug, and alcohol treatment
- Many other resources

# CHILD Profile Health Promotion Materials

[www.childprofile.org](http://www.childprofile.org)

## What are the materials?

CHILD Profile letters provide parents with age-specific information about growth, development, safety, nutrition, and other parenting issues. Materials are pretested with parents, updated yearly by a review team of health professionals, and include:

- Colorful one page letters sent approximately 30 days prior to each American Academy of Pediatrics recommended well child check-up starting at the 2 month visit. Letters include reminders about the need for well child care and immunizations.
- Informational brochures (*Watch and Help Me Grow*) about developmental milestones and activities to encourage a child's neurodevelopmental progress.
- Posters on child development (birth to 18 months & 18-36 months).
- Measuring chart with information on health services needed at each age.

## Who receives the materials?

CHILD Profile materials are mailed to families from the time of a child's birth until six years of age and are free to Washington State residents. Parents of all children born in Washington State since July 1, 1998, are enrolled by birth certificate information.

**Eligible families not receiving materials can be enrolled by calling the HMHB number.** All materials are available in Spanish and English. Some materials are translated into other languages.

## What can you do in your office?

- Visit the CHILD Profile web site to view the materials
- Call the HMHB Hotline for a copy of the CHILD Profile development poster for your examination room wall.
- Assure your families are receiving this information (Spanish as needed). Consider ways your office staff ensures enrollment.
- Encourage families to review the letters. Many aspects of anticipatory guidance are covered for you in these materials. *That leaves you more time to deal with other issues in the office well child visit!*
- Use HMHB Hotline to refer families for further developmental assessment or other health and development resources.

## ADAMS COUNTY RESOURCES FOR DEVELOPMENTAL SCREENING AND ASSESSMENT

- **For children under age three:** Contact: Adams County Health District  
Phone: 659-3317 or 488-2031
- **For children age three and older:** Contact: Local school district

District:	Phone	Fax	District:	Phone	Fax
Othello	488-4682	488-5876	Ritzville	659-0232	659-0927
Lind	677-3481	677-3463	Washtucna	646-3237	646-3249

## SPECIAL NEEDS INFORMATION AND RESOURCES:

- **Local:** Adams County Health District 659-3317 or 488-2031
- **Regional:** Children's Hospital and Regional Medical Center  
Health Professional Hotline (800) 293-2462  
Parent Resource Line (877) 526-2500  
  
Infant Toddler Early Intervention Program [www.wa.gov/dshs/iteip/iteip.html](http://www.wa.gov/dshs/iteip/iteip.html)  
  
Parent to Parent Support Programs of Washington (800) 821-5927  
  
Washington State Fathers Network (425) 747-4004 ext. 218  
[www.fathersnetwork.org](http://www.fathersnetwork.org)

➤ <b>National/ Internet:</b>	American Academy of Pediatrics AAP Developmental and Behavioral Pediatrics American Academy of Family Physicians Family Village (Extensive family resources for CSHCN) Family Voices (Links to national and state family support networks)	<a href="http://www.aap.org">www.aap.org</a> <a href="http://www.dbpeds.org/">www.dbpeds.org/</a> <a href="http://www.aafp.org">www.aafp.org</a> <a href="http://www.familyvillage.wisc.edu/">www.familyvillage.wisc.edu/</a> <a href="http://www.familyvoices.org">www.familyvoices.org</a>
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*-There has been good attendance at the Parent Support Group meetings sponsored by the ICC. To date there have been three parent meetings. Parents have decided they would like to meet monthly and have a speaker at every other meeting with time to share with one another about issues important to them at alternate meetings. The next meeting is scheduled for the evening of March 12<sup>th</sup>. Karla Jacks with the Autism Outreach Project will be speaking and Karen Potts and Callie Moore with Adams County Health District will be present to gather information from parents about their needs and experience with child care for their special needs children. The meeting will be held at Hiawatha School in Othello. There is child care available for parents during the meeting. If you have parents you think may benefit by attending these parent support meetings please share this information with them. If you need additional information please contact the health district at 659-3317.*

*-Cindy Johnson, Registered Dietitian in the Othello health district office, recently attended a training on nutrition issues for children with special health needs. Cindy will now be better able to assist special needs clients who have nutrition concerns. Please keep her in mind as a resource.*

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Return Address Here