

ADAMS COUNTY CHILD HEALTH NOTES: CECs

Adams County Child Health Notes is distributed by Adams County Interagency Coordinating Council (ICC) and Adams County Health District. This newsletter provides primary health care providers with current information regarding identification and management of special health issues for children. Contributing agencies and programs include: Adams County ICC – Adams County Health District, State of Washington Department of Health and University of Washington - Center on Human Development and Disability. More information is available at http://depts.washington.edu/medhome/CHN/CHN_home.htm



“CRITICAL ELEMENTS OF CARE” FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS

The Critical Elements of Care (CEC) documents are information booklets designed to highlight health care issues for children with selected health conditions less commonly, even rarely, seen in the primary care practice setting and requiring more than standard well-child care. The CECs generally look at the needs of a patient over the pediatric lifespan – birth to 21 years of age.

Comment on the CEC for the Low Birth Weight NICU Graduate:

“Congratulations on a superb document. Very concise and complete...”

Marilee Allen, MD
Johns Hopkins University

The following Critical Elements of Care are currently available to primary care practices:

- ✍ Cerebral Palsy
- ✍ Cleft Lip and Palate – (being adopted by the National Cleft Lip and Palate Association)
- ✍ Cystic Fibrosis
- ✍ Duchenne Muscular Dystrophy
- ✍ Juvenile Rheumatoid Arthritis
- ✍ Low Birth Weight Neonatal Intensive Care Unit (NICU) Graduate
- ✍ Sickle Cell Disease

How Were the CECs Developed?

The State of Washington Department of Health - Children with Special Health Care Needs Program conducted a survey of physicians throughout the state looking for ways to decrease barriers for children with complex or special health problems and their families access to care in their local communities. Primary care physicians indicated a need for concise information on conditions seen infrequently in their patient population. In response, the Department of Health funded the development of these CEC documents.

Interdisciplinary work groups in Washington state, drawing on current literature and outcome data, used a consensus process with statewide participation to develop the scope of information covered in each CEC. Contributors to the CECs included family members, primary and tertiary care providers, third party payers, and specialty providers. Teams working with the Center for Children with Special Needs at Children’s Hospital in Seattle (CHRMC) developed most of the CECs. Six national experts in premature infant follow-up care additionally reviewed the CEC for the Low Birth Weight Neonatal Intensive Care Unit Graduate (developed by CHDD at UW and Mary Bridge Hospital & Health Center Neurodevelopmental Program).

How MIGHT YOU USE THE CECs IN YOUR PRACTICE?

- ✍ To assist in early recognition of symptoms and diagnosis
- ✍ To review treatment and case management considerations
- ✍ To provide care management grids, where available, for individual patient charts

A number of Level III Nurseries in the state of Washington are participating in distribution of the Low Birth Weight NICU Graduate CEC. The health and neurodevelopmental surveillance grid from the CEC is being attached to the infants’ NICU discharge summary and then sent to the primary care provider. Many primary care providers are placing the grid in the infant’s chart as a health care reminder during well-child visits.

For a copy of the Low Birth Weight NICU Graduate CEC – call 253-403-5525 or download it from the Web at <http://depts.washington.edu/medhome/CEC/CEC.htm>

For copies of all other CECs:

- ? For one free copy of each – contact Kaye Smith Business Graphics at 1-800-859-5598 (ask for Karla Saunders)
- ? For more than one copy or for out-of-state orders – contact CHRMC at 206-987-5709 ext. 4

ADAMS COUNTY RESOURCES FOR DEVELOPMENTAL SCREENING AND ASSESSMENT

✉ **For children under age three:** Contact: Callie Moore
Phone – 659-3317

✉ **For children age three and older:** Contact: Local school district

District:	Phone	Fax	District:	Phone	Fax
Othello	488-4682	488-4893	Lind	677-3481	677-3463
Ritzville	659-0232	659-4119	Washtucna	646-3237	646-3249

SPECIAL NEEDS INFORMATION AND RESOURCES:

- ✉ **Local:** Adams County Health District – Callie Moore, CSHCN
Coordinator – 659-3317
- ✉ **Regional:** Children's Hospital and Regional Medical Center
 - Health Professional Hotline 1-800-293-2462
 - Parent Resource Line 1-866-987-2500
 - Healthy Mothers, Healthy Babies (for a listing of your county's Lead FRC's) 1-800-322-2588, 1-800-833-6388 TTD
www.hmhbwa.org
 - Infant Toddler Early Intervention Program www.wa.gov/dshs/iteip/iteip.html
 - Parent to Parent Support Programs of Washington (800) 821-5927
 - Washington State Fathers Network 425-747-4004 ext. 218
www.fathersnetwork.org
- ✉ **National/Internet:** American Academy of Pediatrics www.aap.org
AAP Developmental and Behavioral Pediatrics www.dbpeds.org/
American Academy of Family Physicians www.aafp.org
Family Village (Extensive family resources for CSHCN) www.familyvillage.wisc.edu/
Family Voices (Links to national and state family support networks) www.familyvoices.org

? *Child Care Providers: This information can assist your families of children with special needs in helping them to be aware of resources available to their medical providers and how they can be obtained. Please keep this information for reference.*

? *The health district has recently phoned child care providers to offer nurse consultation assistance. Several providers have requested this service. If you have not been contacted for nurse consultation please call the office at 488-2031 (Othello) or 659-3317 (Ritzville). We would be happy to offer this on-site or phone consultation service. We have materials and information that are available to you to assist you in your provision of quality child care. Additional consultation includes offering 1st Aid classes. The next will be planned for late June. If you are interested in this class, please call Karen Potts at 659-3320.*