

ADAMS COUNTY CHILD HEALTH NOTES:

Adams County Child Health Notes are distributed by Adams County Health Department and Adams County Interagency Coordinating Council. This newsletter provides primary health care providers with current information regarding identification and management of special health issues for children. Contributing agencies and programs include: Adams County Health Department – Adams County Interagency Coordinating Council (ICC) - State of Washington Department of Health and University of Washington - Center on Human Development and Disability. More information is available at http://depts.washington.edu/medhome/CHN/CHN_home.htm

Deleted: physicians and nurse practitioners

HEAD START and RELATED PROGRAMS: UTILIZE THE RESOURCE



Federally-funded Head Start (HS) and Washington state-funded Early Childhood Education Assistance Program (ECEAP) are comprehensive child development programs for children from low-income families. They serve children between ages 3 and 5 years. Some Head Start sites offer Early Head Start (EHS), a program for pregnant women, infants and toddlers (0-3 years old). All of these programs work to enhance child development and learning, support health and nutrition, and promote healthy family functioning. Full inclusion of children with a disability is a required element of HS and EHS programs.

INCOME QUALIFICATION:

- o HS/EHS serves families with incomes up to **100% FPL**.
- o ECEAP serves preschool children in families with incomes up to **110% FPL**
- o Children **“at-risk”** due to issues such as neglect, abuse or disability are eligible **REGARDLESS** of family income.
- o Children in **foster care** are eligible **REGARDLESS** of family income.

Child Services:

- o Early education
- o Safe recreation
- o Healthy meals and snacks
- o Assistance to access medical and dental care

Family Services:

- o Peer support from other parents
- o Staff support and follow-up
- o Education on child development, nutrition, health, & job readiness
- o Community resource access

A Mutually Beneficial Partnership

Did you know that HS, ECEAP, and EHS are **REQUIRED** to track and document a child's physical and oral health? Together the PCP and early childhood program staff can make a dynamic team. Consider these partnership activities:

Primary Care Providers (PCP):

Support healthcare coordination:

- Document all components of your well-child exams; HS programs are required to have records of children's general health status (e.g., hematocrit, vision).
- Provide program staff with information on a child's health concern that requires treatment, follow-up, or staff education.
- Ask program staff to assist you in overcoming family barriers to accessing care in your office.

Share your expertise by volunteering:

- To provide health education for parents and staff.
- To provide health services for uninsured children.
- To serve on your local Head Start Health Services Advisory Committee.

HS/ECEAP Program Staff:

- Help families establish a medical home:
 - Assure the family has a PCP
 - Monitor & support regular well-child visits
 - Help families keep an immunization record
- May perform on-site, or obtain records of developmental, medical, dental, vision, and/or hearing screening. Share results with the PCP.
- Assure the delivery of special health interventions a child may require (e.g. asthma management).
- Provide parent teaching on health, safety, and nutrition.
- **EHS** offers pregnant women:
 - Links to prenatal and postpartum health care
 - Prenatal education - fetal development, labor, delivery and post-partum recovery
 - Postnatal education – breastfeeding, infant development & infant care

RESOURCES FOR: HEAD START, EARLY HEAD START AND EARLY CHILDHOOD EDUCATION ASSISTANCE PROGRAMS

National Head Start Association: www.nhsa.org
Head Start Information and Publications Center: www.headstartinfo.org
Early Head Start National Resource Center: www.ehsnrc.org
Early Childhood Education Assistance Program: www.oed.wa.gov/info/csd/waeceap/index.html

SPECIAL NEEDS INFORMATION AND RESOURCES:

- **Local:** Othello Child Development Center – 488-3502
Ritzville Grade School – 659-0232
Lind Grade School – 677-3481

- **Regional:**
 - Healthy Mothers, Healthy Babies (for a listing of your county's Lead FRC's) 1-800-322-2588, 1-800-833-6388 TTD
www.hmhbwa.org
 - Infant Toddler Early Intervention Program www1.dshs.wa.gov/iteip
 - Parent to Parent Support Programs of Washington 1-800-821-5927
 - Washington State Fathers Network 425-747-4004 ext. 218
www.fathersnetwork.org

- **National/
Internet:** American Academy of Pediatrics www.aap.org
AAP Developmental and Behavioral Pediatrics www.dbpeds.org
American Academy of Family Physicians www.aafp.org
Family Village (Extensive family resources for CSHCN) www.familyvillage.wisc.edu
Family Voices (Links to national and state family support networks) www.familyvoices.org

Information below to share with your families...